# Safeguarding and Child Protection Policy



Every person at SAIS, has the right to feel happy, safe and secure. Regardless of your age, sex, race, social class, religion or special needs.

**SAIS - Safeguarding and Child Protection Policy** 

## What is Safeguarding?

- I have chosen 3 definitions. All are taking from: 'Working together to safeguard children'
- 1. 'Protecting children from maltreatment'.
- 2. 'Ensuring that children grow up in circumstances consistent with the provision of safe and effective care'.
- 3. 'Taking action to enable all children to have the best outcomes'.

# Why do we need to talk about Safeguarding / Child Protection?

- → Legal requirement.
  - Dcsf and Ofsted requirement to have:
  - 1. A policy in place.
  - 2. Train the staff every three years
  - 3. Appoint a Designated Safeguarding Leads (DSL).
  - 4. Train the leads every two years.

## **Our Aims**

- We are committed to safeguarding and promoting the welfare of children and young people and expect all staff, volunteers and other third parties to share this commitment.'
- The safety of our pupils is our number one priority. Any concerns or signs
  of abuse or neglect must be reported immediately to one of the
  Designated Safeguarding Leads (DSL).

# **Objective**

 To contribute to the personal safety of all children/young people attending by promoting child protection awareness, good practice and sound procedures.

## What is child abuse?

- How would you distinguish normal marks, behaviour changes and children in need from the early signs of abuse?
- Children Act identifies **harm** in 4 areas. They are as follows:
- 1. Physical,
- 2. Emotional,
- 3. Sexual, and
- 4. Neglect.

## 1. Physical abuse

- Physical abuse may involve hitting, shaking, throwing, poisoning, burning or scalding, drowning, suffocating or otherwise causing harm to a child/young person.
- Physical harm may also be caused when a parent/carer deliberately causes; ill health to a child/young person whom they are looking after.

## Physical signs of abuse may include:

- 1. Any injuries not consistent with the explanation given for them.
- 2. Injuries which occur to the body in places which are not normally exposed to falls or games.
- 3. Unexplained bruising, marks or injuries on any part of the body.
- 4. Bruises which reflect hand marks or fingertips (from slapping or pinching).
- 5. Cigarette burns.
- 6. Bite marks.
- 7. Broken bones.
- 8. Injuries which have not received medical attention.
- 9. Neglect, failure to grow, constant hunger, stealing or gorging food, untreated illnesses, poor care.
- 10. repeated urinary infections or unexplained stomach pains.

- Changes in behaviour which can also indicate physical abuse may include:
- 1. Fear of parents/carers being approached for an explanation.
- 2. Aggressive behaviour or severe temper outbursts.
- 3. Reluctance to get changed in front of others for example, wearing long sleeves in hot weather.
- 4. Depression.

#### Note:

 The previous signs may or may not be indicators that abuse has taken place but the possibility should be considered.

## 2. Emotional abuse

- Emotional abuse is the persistent emotional ill treatment of a child/young person, such as:
- Making a child/young person feel or believe that they are worthless, unloved or unvalued which will have an effect on the child's/young person's emotional development.
- It may also involve causing a child/young person to feel frequently frightened or in danger.

### **Emotional abuse may include:**

- A failure to grow, particularly if a child/young person puts on weight in other circumstances – for example, in hospital or away from their parents/carers.
- 2. Sudden speech disorders.
- 3. Persistent tiredness.
- 4. Development delay in terms of either physical or emotional progress.

- Changes in behaviour which can also indicate emotional abuse include:
- 1. Obsessions or phobias.
- 2. Sudden underachievement or lack of concentration.
- 3. Inappropriate relationships with other children and/or adults.
- 4. Being unable to play.
- 5. Attention-seeking behaviour
- 6. Fear of making mistakes
- 7. Self-harm
- 8. Fear of the parent/carer being approached regarding their behaviour.

#### Note:

 The previous signs may or may not be indicators that abuse has taken place but the possibility should be considered.

# 3. Sexual abuse

- Sexual abuse involves forcing or inviting a child/young person to take
  part in sexual activities, whether or not the child/young person is aware
  of it or does not know what is happening.
- The activities may involve physical contact, such as: rape, oral sex, or even touching.
- Sexual abuse may also include non-contact activities, such as involving children/young people in looking at, or in the production of pornographic material, or watching sexual activities, or encouraging children/young people to behave in sexually inappropriate ways.
- Boys and girls can be sexually abused by both males and females,
   whether adults or other children/young people

#### Physical signs of sexual abuse may include:

- 1. Pain or itching in the genital/anal area.
- 2. Bruising or bleeding near genital/anal areas.
- 3. Sexually transmitted disease.
- 4. Vaginal discharge or infection.
- 5. Stomach pains.
- 6. Discomfort when walking or sitting down.
- 7. Pregnancy.
- Changes in behaviour which can also indicate sexual abuse include:
- 1. Sudden or unexplained changes in behaviour, such as becoming withdrawn or aggressive.
- 2. Fear of being left with a specific person or group of people.
- 3. Having nightmares.
- 4. Running away from home.
- 5. Sexual knowledge which is beyond the child's/young person's age or developmental level.
- 6. Sexual drawings or language.
- 7. Bed-wetting.
- 8. Eating problems such as overeating.
- 9. Self-harm or injury sometimes leading to suicide attempts
- 10. Saying they have secrets that they cannot tell anyone about
- 11. Suddenly having unexplained sources of money
- 12. Not being allowed to have friends (particularly during teenage years).

#### Note:

 The previous signs may or may not be indicators that abuse has taken place but the possibility should be considered.

## 4. Neglect

- Neglect is the persistent failure to meet a child's/young person's basic physical and/or psychological needs.
- Which is likely results in the serious damage of the child's/young person's health or development.
- It may involve a parent or a carer failing to provide suitable food, shelter or clothing, leaving a child/young person at home alone or failing to ensure that a child/young person gets appropriate medical care or treatment.
- It may also include neglect by not showing sympathy to a child's/young person's basic emotional needs.

#### Physical signs of neglect may include:

- Continuous hunger, sometimes stealing food from other children/young people.
- 2. Being constantly dirty or smelly.
- 3. Loss of weight or being constantly underweight.
- 4. Inappropriate dress for the conditions.
- Changes in behaviour which can also indicate neglect include:
- 1. Complaining of being tired all the time.
- 2. Not requesting medical assistance and/or failing to attend appointments.
- 3. Having few friends.
- 4. Mentioning being left alone or unsupervised.

#### Note:

- It is accepted that in all forms of abuse there are elements of emotional abuse and that some children/young people are subjected to more than one form of abuse at any time.
- These four definitions do not minimise other forms of abuse.

## If a child makes a disclosure of abuse

- Follow these steps:
- 1. Make notes as soon as possible (ideally within one hour).
- 2. Write down exactly what the child/young person has said, what you said in reply and what was happening immediately before you were told (for example, what activity was taking place).
- 3. Record dates, times and when you made the record.
- 4. Keep all your handwritten notes secure.
- 5. Report your discussion to the designated person as soon as possible.
- 6. **Do not** discuss your suspicions or allegations with anyone other than those nominated above

## Allegations of physical injury or neglect

- If a child/young person has a symptom of physical injury or neglect, the designated person will:
- Contact social services for advice in cases of deliberate injury or concerns about the safety of the child/young person, but they must not inform the parents/carers
- 2. Seek emergency medical attention if necessary
- 3. Inform the child's/young person's doctor of any suspicions of abuse.
- 4. In other circumstances, speak with the parent/carer and suggest that medical help/attention is sought for the child/young person.
- 5. If appropriate, encourage the parent/carer to seek help from social services.
- 6. If the parent/carer fails to act, seek advice from the Local Safeguarding Children Board
- 7. In the case of real concern, contact social services for advice.

## Allegations of sexual abuse

Please refer to:

SAIS Safeguarding and Child Protection Policy.

# Responding to a child making an allegation of abuse

- It is important **not** to make promises that you may not be able to keep.
   Do **not** say that you will keep confidential what a child/young person is about to tell you, as you may have a duty to share it with others.
- 2. Find an appropriate early opportunity to explain that it is likely that the information will need to be shared with others.
- 3. Stay calm and listen carefully to what the child/young person is saying.
- 4. Allow the child/young person to continue at their own pace.
- 5. Ask questions for clarification only and at all times avoid asking questions that suggest a particular answer.
- 6. Reassure the child/young person that they have done the right thing in telling you.
- 7. Tell them what you will do next and with whom the information will be shared.
- 8. As soon as possible, record in writing what was said, using the child's/young person's own words.
- Make a note of the date, time, any names mentioned and to whom the information was given, and ensure that the record is signed and dated.

# Helpful statements to make

- 'I believe you (showing acceptance of what the child/young person says).'
- 2. 'Thank you for telling me.'
- 3. 'It's not your fault.'
- 4. 'I will help you.'

# Do not say:

- 1. 'Why didn't you tell anyone before?'
- 2. 'I can't believe it!'
- 3. 'Are you sure that this is true?'
- 4. 'Why? Who? When? Where?'

## Remember!

Never make promises you can't keep.

## **Good practice guidelines**

- All the staff are encouraged to demonstrate exemplary behaviour in order to protect themselves from false allegations.
- The following are common sense examples of how to create a positive culture and climate.
- Always working in an open environment (for example, avoiding private or unobserved situations and encouraging open communication with no secrets).
- 2. Treating all children/young people equally, and with respect and dignity.
- 3. Always putting the safety of each child/young person first
- 4. Maintaining a safe and appropriate distance with children/young people.
- 5. Giving enthusiastic and constructive feedback rather than negative criticism.
- 6. Recognising the developmental needs and capacity of children/young people and not pushing them against their will.
- 7. Keeping a written record of any injury that occurs, along with the details of any treatment given.
- 8. Requesting written consent from parents/carers, if it is necessary for staff/volunteers to transport children/young people in their cars.

## **Conclusion:**

- This information applies to all pupils in the school and any pupil under the age of 18 will be regarded as a child.
- All staff have a responsibility for the implementation of these rules.
- Any concerns regarding safeguarding and/or child protection must be reported immediately to the Designated Safeguarding Lead (DSL)
   Saadia Lateef or Ahmad Barouni.
- If, at any point, there is a risk of immediate serious harm to a child a referral should be made to Children's Social Care immediately.
- All staff must have read and act in accordance with Part One of DfE Statutory Guidance Keeping Children Safe in Education 2016 (KCSIE).
- All staff and volunteers must know who the trained DSL and Deputy DSL are.
- All safeguarding and child protection concerns must be treated with the utmost confidence.
- The DSL must report all concerns in accordance with local authority thresholds to Children's Social Care.